#### BALTIC PLAYBACK THEATER AND PSYCHODRAMA SCHOOL





## Playback Theater Training









### What is playback theater?

- A form of theatrical improvisation involving spontaneous reenactment of real-life stories to an audience
- International social movement aimed at transforming society
- Life style



## Tasks of a playback theater actor

- Striving to improve skills is necessary to return the story to the storyteller;
- Strive to improve society in relation to inclusion and social justice;
- Being an imperfect person and enjoying imperfection.



## Personal development skills

#### During training, the actor becomes more:

- Authentic
- Spontaneous
- Free
- Trusting
- Creative
- Resourceful

- Flexible
- Confident
- Open
- Resource
- Expressive
- Interesting



### Social skills

#### Socially, during training the actor becomes:

- Calm
- To the host
- Balanced
- Wise
- Active
- Tolerant
- Available for communication
- Aware of the complexity and depth of social processes



### Playback Theater Training

The total duration of training is 180 hours. Includes 3 levels:

- Basic 30 hours
- Basic 90 hours
- Advanced 60 hours



### Learning Level Possibilities

- Basic gives a general idea of the capabilities of the playback theater and allows you to "try on" the method for yourself.
- Basic includes a thorough study of techniques, the formation of skills and specific thinking while playing on stage.
- In-depth hones the acquired skills, sets the focus for further development, and forms an attitude towards playback theater as a form of art.



We create theaters.

Each theater team forms its own unique culture, which it then brings to the audience.

Social exchange promotes the development of open, trusting communication, strengthens and develops humanity between people.



## Playback theater practitioner

Upon completion of three levels of training, a group member receives a Playback Theater Practitioner certificate.

This certificate allows you to practice playback theater anywhere, be an actor in an active theater, open your own theater or conduct master classes on various topics. The practitioner does not teach playback theater, but implements his knowledge in application to topics that are relevant to him.

After 5 years of independent practice, an actor can undergo training, receive a Playback Theater Leader certificate and the right to teach playback theater. Leader is the 4th level of education in the playback theater and it is implemented only by the coordination center of the Playback Theater (CPT) annually, since 1993.

At any international playback theater school it is possible to obtain only a Practitioner certificate.



## Areas of application of playback theater

- Dialogue and mediation
- Healing
- Study
- Entertainment
- Development of social processes



# Theater specificity: for yourself

#### SUPPORT GROUP

- Regular meetings in a familiar company
- Sharing stories
- Finding creative solutions
- Stimulating tasks
- Supportive environment
- Resources



## Specificity of theaters: for spectators

#### PERFORMANCE GROUP

- Improving listening and playing skills
- Sharing stories
- Supportive environment
- Social projects
- Research projects
- Working with organizations
- Working with specific social groups

Focus on the theater mission



### The main gain

The playback theater practice training program guarantees the development of:

AUTHENTICITY - to be yourself, ADAPTABILITY - feel confident, HUMANITY - in any situation.

After taking this course, it is impossible not to change.



### Training formats

Baltic School of Playback Theater and Psychodrama offers 3 training formats:

- 1. Training modules for two days. 12 training modules 2 (basic) +6 (basic) +4 (advanced). If the frequency is 1 time per month, the full course of training is 1 year.
- 2. Weekly training modules of 4 hours. 45 training modules 7+23+15. Carried out in Riga, Liepaja, Vilnius, Tartu. The full course of study is 1 year.
- 3. Daily training course 24 days, 4+12+8. The full course of training is 1 month.



### Cost of education

### The number of group members is at least 14 people.

- 2-day module 180 euros\*. The total cost of training is 2160 euros.
- 4-hour module 40 euros. The total cost of training is 1800 euros.
- Month of training 2500 euros\*\*

<sup>\*</sup> The price does not include large transportation costs in the case of coach flights;

<sup>\*\*</sup> The price does not include transportation costs, accommodation and food for participants of the training course.



### Training program

#### The training includes:

- Practical training with a trainer, forming an ensemble of actors, working with group dynamics;
- Theoretical classes with a trainer, playback theater ethics, social justice, inclusion, articles, books, essays.
- Intervision groups for independent work with the theory and practice of playback theater.



In addition to the Certificate of Playback Theater Practitioner and Personal Development, you receive:

- A group of like-minded people in your theater with whom it is interesting to spend time;
- An international environment of colleagues the same creative, free and open people. Become a full member of the IPTN community.
- All opportunities for further professional and personal development in the playback theater with the support of IPTN and CPT - the main regulators of the playback theater movement in the world.



### PLAYBACK THEATER

WELCOME!!!





